



2025 Canada Summer Games Box Lacrosse Technical Package



Technical Packages are a critical part of the Canada Games. They guide the selection of athletes by prescribing the age and eligibility requirements, assist the Host Society by detailing competition formats and scoring procedures, assist Provincial/Territorial (P/T) Chefs de Mission in verifying eligibility, help with budgeting by describing the number of participants permitted, advance coach certification by stating minimum requirements, and generally contribute to athlete development by identifying each National Sport Organization's (NSO) version of athletes in the "Train to Compete" phase of its Long Term Development (LTD) model, or other suitable phase of LTD as justified by the NSO.

Technical Packages are developed 36 to 24 months prior to the Canada Games primarily by NSOs, following the Canada Games Council's (CGC) [Principles that Govern Technical Packages](#). As the overall governing body of the Games, the CGC has the ultimate authority over Technical Packages, but this authority is exercised only with the knowledge and understanding of the concerned NSO.

Relevant Games stakeholders, specifically Provincial/Territorial Sport Organizations (P/TSOs) and P/T team staff, are encouraged to review the Technical Package in detail to ensure a thorough understanding. If an individual wishes to seek clarification or initiate a change to a Technical Package leading up to a Games, the request should be first directed to the NSO or the Chef de Mission. The NSO or Chef de Mission will submit the requested change or clarification to the CGC for consideration. Timelines for requesting changes to major elements of the Technical Package (i.e. team sizes, age categories, eligibility restrictions, events, competition formats) are outlined in the Principles that Govern Technical Packages. Minor corrections will be considered at almost any time, but will be increasingly difficult to achieve within six [6] months of the Games. These time frames reinforce the importance of complete understanding of the Technical Package by Games stakeholders early.

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2025 Canada Summer Games Box Lacrosse Technical Package

1. SPORT: BOX LACROSSE

2. PARTICIPANTS

2.1. Athletes

Women's: 18

Men's: 18

All registered athletes must intend to dress in at least one game.

2.2. Staff

Women's Team - 3 coaches & 1 manager

Men's Team - 3 coaches & 1 manager

At least one (1) coach of the women's team must be a woman and one (1) coach of the men's team must be a man. At least one (1) coach on each team must be Indigenous.

Managers are not permitted on the bench without being a Competition Development trained or certified coach.

2.3. Additional Team Staff*

- Apprentice Coach
 - See [Women in Coaching Canada Games Apprenticeship Program](#)
 - See [Aboriginal Apprentice Coach Program](#)
 - Apprentice coaches have the same access as athletes and team staff
- Venue Pass Holder
 - See [Venue Pass Holder Policy](#)
 - Venue Pass Holders do not have access to the field of play
 - Venue Pass Holders' venue access:
 - Sport Operational Zone (Zone 2)
 - Back of House Zone (Zone 3)

* Additional team staff positions are administered by the P/T Team. Positions must be applied for based on each P/T Team's process. For information pertaining to the process in your P/T contact your Chef de Mission.

2.4. Support for Participants

The Canada Games Council recognizes there can be barriers to participation/attendance at the Canada Games. The below policies have been developed to provide support to participants when required:

- [Support for Breastfeeding/Chestfeeding Parents Policy](#)
- [Participant Assistant Policy](#)

3. **CLASSIFICATION**

MEN'S & WOMEN'S

- U17 as of December 31, 2025
 - Year of Birth: 2009 or 2010
- MB, NB, NS, QC, SK:
 - Permitted three (3) overage players per gender
 - Year of Birth: 2008
- NL, NT, NU, PE, YT:
 - Permitted five (5) overage players per gender
 - Year of Birth: 2008

4. **ELIGIBILITY**

4.1. Athletes

Excluded from the Canada Games are:

- Senior National Team Members - Defined as: Athletes who have held an SR, SR1, SR2 or C1 card* at any time; and/or athletes who are part of (on the roster of) a standing Senior National Team (i.e. recognized as a Senior National Team member regardless of event participation, not including the National Team pool of athletes never assigned to a roster).
- Athletes who have previously competed at the following events:
 - Senior World Championships

No athlete can be rendered ineligible within 90 days of the opening of the Games due to National Team status, carding status or competing in an excluded event (i.e., if an athlete is granted National Team status or carding status for the first time, or competes in an excluded event on May 11th, 2025 or later, they will still be considered eligible to compete at the 2025 Canada Games).

Athletes who hold a C1 card (as defined by Sport Canada's Athlete Assistance program) or are in their first year of Senior National Team status may be deemed eligible on a case by case basis. Requests must be submitted to the respective Provincial/Territorial Team Chef de Mission and approved by the Canada Games Council Sport & Games Committee.

All athletes must meet the eligibility regulations outlined in CGC's [Eligibility Policy](#).

4.2. Coaches

Head coaches named on the official registration form must be Lacrosse Canada NCCP Competition-Development Certified in Box Lacrosse. Head coaches must also complete the Aboriginal Coaching Module and NCCP Safe Sport Module or Respect in Sport for Activity Leaders module. Head Coaches must be so certified no later than 180 days prior to the opening ceremony (February 10, 2025).

Assistant coaches named on the official registration form must be Lacrosse Canada NCCP Competition-Development Trained in Box Lacrosse. Assistant coaches must also complete the Aboriginal Coaching Module and NCCP Safe Sport Module or Respect in Sport for Activity Leaders module. Assistant Coaches must be so certified no later than 180 days prior to the opening ceremony (February 10, 2025).

Please note that "NCCP Competition-Development Certified, Not Renewed" / "NCCP Competition-Development Trained, Not Renewed" does not qualify under the coaching standards for the 2025 Canada Summer Games.

Please refer to the CGC's [Coach Certification Policy](#) for additional information.

For more information on the coach certification pathway, please see Appendix 1.

All Team Staff are encouraged to complete the *Canada Games Coaching eLearning* module available in [The Locker](#) (under *Multi-sport*).

5. COMPETITION

5.1. Competition Format

The Canada Games Box Lacrosse competition will follow Lacrosse Canada rules, in place for the 2025 competitive season.

Games will consist of the following:

- 30 minute warm up
- 3 x 20 minute running time periods
- Last 5 minutes of the 3rd period is stop time
- 5 minute breaks between periods

Teams will be seeded by Lacrosse Canada based on results of previous Canada Games competitions.

The below competition format may be changed by Lacrosse Canada based on the number of competing teams. The same format will be used for both the Women's and Men's tournament.

Women's		Men's	
Pool A	Pool B	Pool A	Pool B
Seed 1	Seed 6	Seed 1	Seed 6
Seed 2	Seed 7	Seed 2	Seed 7
Seed 3	Seed 8	Seed 3	Seed 8
Seed 4	Seed 9	Seed 4	Seed 9
Seed 5	Seed 10	Seed 5	Seed 10

Men's & Women's Competition

The event will consist of a Preliminary Round (all 10 teams). A Quarter Final Round (8 teams), Placement Games (5th – 10th Place) and a Medal Round (4 teams).

Preliminary Round: All teams will play a round robin within their Pool. Teams will be awarded 2 points for a win, 1 point for a tie, and 0 points for a loss. All five (5) teams in Pool A and the top three (3) teams in Pool B will advance directly to the Quarter Final Round. The bottom two (2) teams in Pool B will advance to the Placement Games.

Quarter Final Round: The top eight teams will move to the Quarter Final Round. In the Quarter Final round the games will be the teams finishing in the following places after the preliminary round (Pool A 1-5, Pool B 1-3):

Quarter Final 1 : 1A v 3B

Quarter Final 2 : 4A v 5A

Quarter Final 3 : 3A v 1B

Quarter Final 4 : 2A v 2B

Winners of Quarter Finals advance to the Semi Finals

Losers of Quarter Finals will advance to Placement Games

Semi Final 1 : Winner Quarter Final 1 v Winner Quarter Final 2

Semi Final 2 : Winner Quarter Final 3 v Winner Quarter Final 4

Placement Games:

Placement Game 1 : Loser Quarter Final 1 v Loser Quarter Final 2

Placement Game 2 : Loser Quarter Final 3 v Loser Quarter Final 4

9th / 10th Place Game : 4B v 5B

7th / 8th Place Game : Loser Placement Game 1 v Loser Placement Game 2

5th / 6th Place Game : Winner Placement Game 1 v Winner Placement Game 2

Medal Round:

Bronze Medal Game: Loser Semi Final 1 v Loser Semi Final 2

Gold Medal Game : Winner Semi Final 1 v Winner Semi Final 2

6. TIE BREAKING RULES - COMPETITION

6.1. Preliminary Round Standings

In the event of a tie in point standings in the Preliminary Round, final standings shall be determined as follows:

- 6.1.1. In the event of a tie in points between **two** teams the final standings shall be determined as follows:

- The team that won the greater number of points in games played, during the competition, between the teams tied shall be declared the winner of the higher position. **(HEAD TO HEAD)**
- If a tie still exists, the Goal Average Formula will be used to break the tie. All goals scored in the games during the competition shall be used in the goal average computation. (See Goal Average Formula below)
- If a tie still exists, the team with the least minutes in penalties in all Round Robin games played shall be declared the winner. In the case where the teams have not played the same number of games, the lowest average of the penalty minutes in all Round Robin games shall be used to declare the winner.
- If a tie still exists, then a coin toss will decide the winner.

6.1.2. In the event of a tie in points between **three or more teams** the final standings shall be determined as follows:

- The team(s) that won the greater number of points in games played, during the competition, between the team(s) tied shall be declared the winner of the higher position. **(HEAD TO HEAD TO HEAD)**
- If a tie still exists, the Goal Average Formula will be used to break the tie. Only goals scored in games between the tied teams during the competition shall be used in the goal average computation. (See Goal Average Formula below)
- If a tie still exists, the team with the least minutes in penalties in all Round Robin games played shall be declared the winner. In the case where the teams have not played the same number of games, the lowest average of the penalty minutes in all Round Robin games shall be used to declare the winner.

The Goal Average Formula is defined as follows:

$$\frac{\text{GF}}{\text{GF} + \text{GA}} = \text{GOAL AVERAGE}$$

The team with goal average closest to 1.0 shall be declared the winner.

6.2. Tie within a Game

6.2.1. Ties within a game will only be permitted in the Preliminary Round.

6.2.2. Overtime Rules for Placement Round, Quarter Final Round and Medal Round:

If at the end of regulation time the score is tied, the Referee shall order the game to continue after a two (2) minute rest. The game continues, ten minutes stop time until a goal is scored (sudden victory). If the score is tied after the first overtime period, the game shall continue after a five (5) minute rest. Any subsequent overtime periods will continue in the same manner.

7. REGISTRATION & EVENT ENTRIES

7.1. Canada Games Council Registration Deadline

All participants (athletes, coaches, managers and additional team staff) must be registered in the Canada Games electronic registration system no later than 30 days prior to the Opening Ceremony (July 10th, 2025).

7.2. Lacrosse Canada Event Entries

Rosters with participant numbers and positions must be submitted to Lacrosse Canada no later than 30 days prior to the Opening Ceremony (July 10th, 2025).

8. SPORT SCORING POINTS

Sport scoring points are a tool used to determine the performance of a P/T Team across all events within a sport. At the conclusion of an event, sport scoring points will be awarded using the following criteria:

8.1. Team Events

- Teams will be ranked from first through last place
- If a team does not finish or is disqualified, the team will not receive sport scoring points
- Sport scoring points will be awarded based on the chart below

Placing	Points	Placing	Points	Placing	Points
1st	10	6th	5	11th	1.5

2nd	9	7th	4	12th	1
3rd	8	8th	3	13th	0.5
4th	7	9th	2.5		
5th	6	10th	2		

9. FLAG POINTS

Games to Games performance by a P/T Team at the Canada Games is measured by accumulated Flag Points. Every P/T Team is awarded Flag Points for its ranked performance in each sport in which it competes.

In Box Lacrosse, Flag Points will be awarded separately for the women's and men's events based on the total of sport scoring points awarded.

After ranking the P/T Teams from first to last, and after any ties have been resolved as detailed in Section 10 (Tie Breaking Rules - Flag Points), Flag Points will be awarded as follows:

Placing	Points	Placing	Points	Placing	Points
1st	10	6th	5	11th	1.5
2nd	9	7th	4	12th	1
3rd	8	8th	3	13th	0.5
4th	7	9th	2.5		
5th	6	10th	2		

10. TIE BREAKING RULES - FLAG POINTS

All teams will play for final positions, so no ties within the P/T rankings are possible.

11. MEDALS

11.1. The Canada Games will award medals to athletes only.

11.2.

Women's Team:

Gold: 18 Silver: 18 Bronze: 18

Men's Team:

Gold: 18 Silver: 18 Bronze: 18

12. COMPETITION UNIFORM

Provincial/Territorial team colours must be worn. Additional information on each Provincial/Territorial team's colours can be found in Appendix C of the CGC's [P/T Team Uniform and Sponsorship Policy](#).

13. EQUIPMENT

See Section 12 of the Lacrosse Canada Operations Manual (Appendix 3 of this Technical Package) for information on equipment.

14. PROTEST & APPEALS

14.1. Canada Games Council Protest Policy & Appeal Policy

Appeals relating to this Technical Package or any decisions made by the CGC will be made in accordance with the CGC's [Appeal Policy](#).

Protests relating to disputes between and among Provincial/Territorial Teams as it relates to the Canada Games Council (CGC) Policies, Procedures and Principles that Govern Technical Packages (PTGTP) will be made in accordance with the CGC's [Protest Policy](#).

14.2. Lacrosse Canada Appeals Procedure

The Technical Representative shall chair a Committee of three (3) announced at the Coach/Manager meeting prior to the competition to decide on all discipline, protests and appeals arising from competition under the jurisdiction of Lacrosse Canada.

Protests and appeals must be filed with the Lacrosse Canada Technical Representative within twenty-four (24) hours of the end of the game, or the issuing of the decision being appealed. Such applications must be in writing and accompanied by a certified cheque or money order payable to Lacrosse Canada, or cash in the amount of \$100.00. The appeal or protest shall then be dealt with by the appointed Appeal Committee. If the appeal is upheld, the fee shall be returned. If the appeal is rejected, the funds shall be forwarded to Lacrosse Canada.

The Committee may call witnesses to help in making their decision.

If there is an appeal of an official's call, the Lacrosse Canada Technical Representative shall only consider the appeal based upon errors in fact or application of the rules, not on the official's judgement.

15. ANTI-DOPING

The CGC adopts the Canadian Anti-Doping Program (CADP) Covenant as a fundamental commitment to engage in a cooperative and collaborative effort to eliminate doping in sport and to support harmonized, coordinated and effective anti-doping measures in Canada. Any Canada Games participant (athlete, coach, manager, technical support, or other person) found to have committed an anti-doping rule violation at the Canada Games (as determined pursuant to the CADP) will be subject to all of the penalties and consequences, as outlined in the [Canadian Anti-Doping Program](#).

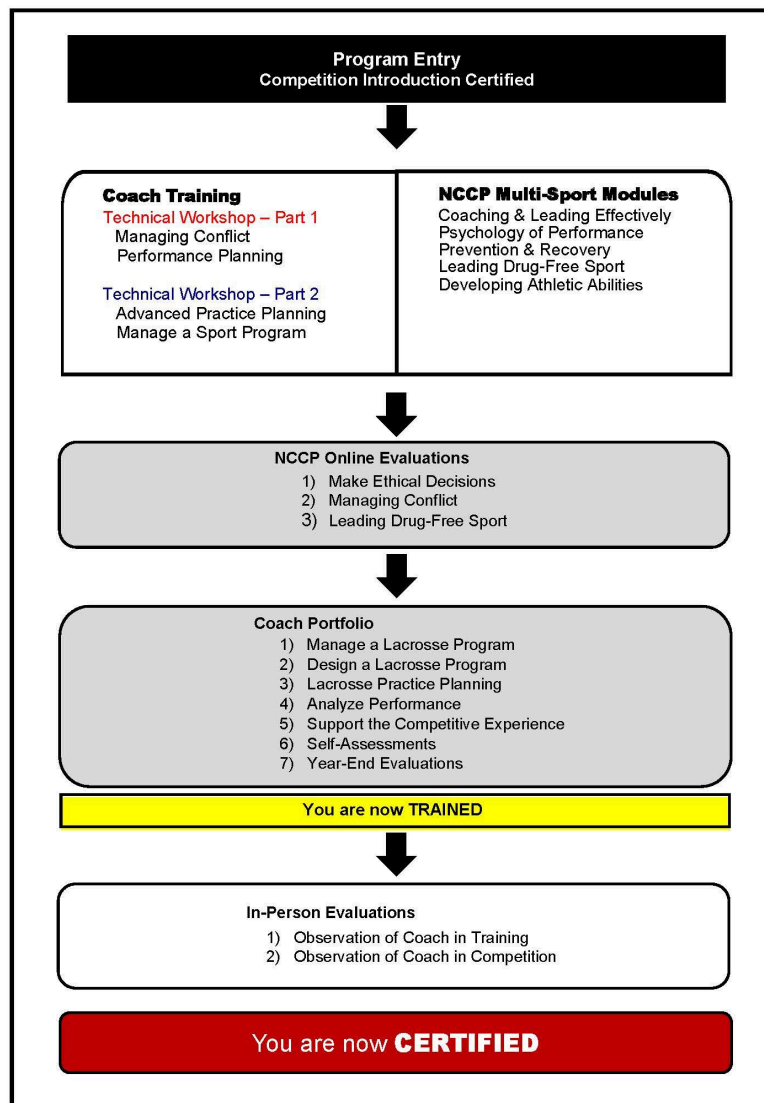
16. APPENDICES

Please review the attached appendices as they form an integral part of this technical package.

- APPENDIX 1 - Coach Certification Requirements
- APPENDIX 2 - Performance Guidelines
- APPENDIX 3 - Age Dispensation Form
- APPENDIX 4 - Lacrosse Equipment
- APPENDIX 5 - Suspensions Due to Match Penalty

APPENDIX 1 - COACH CERTIFICATION REQUIREMENTS

Head coaches on the official registration form must be **CERTIFIED** under the National Coaching Certification Program (NCCP) Competition stream, Development context (Certified Status) in Box Lacrosse, and Assistant coaches must be Competition-Development **TRAINED**. For more details, the graphic below shows the coach education pathway to be Trained/Certified at the Competition Development level. All coaches (head and assistant) are required to complete the Aboriginal Coaching Module as well as either the NCCP Safe Sport or the Respect in Sport for Activity Leaders workshops.



APPENDIX 2 - PERFORMANCE GUIDELINES

The following Performance Guidelines have been established by Lacrosse Canada, at the request of the CGC and the Federal-Provincial/Territorial Sport Committee (FPTSC), to reflect the expected training and/or performance parameters of a typical Canada Games athlete in the Learning to Compete phase of Long Term Development (LTD). These Performance Guidelines have been developed as a tool for P/T teams to use at their discretion in the training and selection of their Canada Games teams. These Guidelines are not required selection criteria.

Lacrosse Canada recognizes regional differences on how athletes are selected for the Canada Games. Below are some guidelines for provinces/territories to follow as to the type of athletes accessing the Canada Games.

1. Provincial/Territorial Teams at Canada Games should include the best athletes within the chosen stage of development or age group. In the case of lacrosse, the Learn to Compete Stage of Development has been identified as the ideal stage of development for the Canada Games.
2. Selected pool of athletes should all have the opportunity to try out for the provincial/territorial Canada Games Team. No club team is entering the Canada Games.
3. Potential athletes should be athletes involved in elite lacrosse in their respective provinces/territories in the U17 division. Athletes born January 1, 2009 and later (plus overage athletes as per section 3).
4. Potential athletes should be training on an annual basis as part of an elite program, school-based program or any other high-performance environment.
5. Potential athletes should be engaged in a more serious environment with the technical, tactical, physical and mental aspects of the game being considered on an annual basis and with an off season training protocol.
6. A team includes 16 runners with 2 goalkeepers.

APPENDIX 3 - AGE DISPENSATION FORM

The decision to set a minimum age for participation in the Canada Games was made in the best interest of the young competitive lacrosse athletes across Canada. It is intended to protect very young athletes from possible physical, psychological and/or emotional harm that could occur by competing at the Games and is based on the following rationale:

1. Two of the main goals of the Canada Games are to foster participation from across the country and to contribute to the development of high performance athletes.
2. The Canada Summer Games competition is classified as a “minor” level competition by Canada Games Council and Lacrosse Canada.
3. The multi-sport nature of this event, combined with the atmosphere and social reality of a “Games village” and the wide range in age of all the athletes (up to 25 years of age depending on the sport) add to the pressure experienced by the athletes.
4. Lacrosse Canada does not currently require athletes to meet any specific performance standard to participate in the Canada Games. For this reason, the Council has requested that a process be put in place to provide a dispensation from the minimum age. This process supersedes the Technical Package.

If your Provincial/Territorial Lacrosse Organization wishes to request a special dispensation from the minimum age requirement for an athlete who is 14 years of age (born in 2011), the following documents must arrive at the Lacrosse Canada national office no later than May 1, 2025.

1. A letter of support from the respective Provincial/Territorial Lacrosse Organization.
2. A letter of support from the athlete’s parent/guardian.
3. A letter of support from the athlete’s coach confirming that the athlete has the technical ability to compete at the Canada Games level, and that the athlete is at the appropriate level of physical and mental development to handle the level and intensity of the Canada Games competition.

To request the entry of an athlete who does not meet the minimum age requirement, the Provincial/Territorial Lacrosse Organization must submit a completed copy of the following form, to Lacrosse Canada.

The form below should be used when seeking age dispensation for an athlete.

LACROSSE CANADA AGE DISPENSATION FORM 2025

Athlete Information

Name of Nominee: _____

Gender of Nominee: _____

Date of Birth: _____

Coach Information

Name of Coach: _____

Coach's Certification Number: _____

Coach's Statement of Ethics

I understand that the principle of responsible coaching carries the basic ethical expectation that the activities and decisions of my coaching will benefit my athletes in general and in particular, and will do them no harm. As such I attest that fundamental to the implementation of this principle is the notion of competence and responsible coaching (maximizing benefits and minimizing risks to participants) and that I adhere to this principle. By signing this age exemption request for the above named athlete, I believe that I am acting in the best interest of the athlete's development as a whole person as well as accepting the responsibility to ensure that he/she is adequately prepared for the 2025 Canada Summer Games.

Coach Signature: _____

Date of Signature: _____

Parent/Guardian Authorization

As the parent(s)/guardian(s) of the above named athlete, by signing this age exemption request, I/we believe that I am/we are acting in the best interest of their development and I/we understand that they will be competing against athletes aged from 14 to 18 years old.

Parent/Guardian Signature(s): _____

Date of Signature(s): _____

Parent/Guardian Name(s): _____

Provincial Member Association (MA)

As the authorized representative of the Provincial Lacrosse Association within which this athlete normally competes, I am satisfied that this athlete is fully capable of competing at the Canada Summer Games.

Signatory for the Athlete's Provincial Lacrosse Association (signature):

Date of Signature: _____

Name and Appointment of Provincial Lacrosse Association Signatory:

APPENDIX 4 - LACROSSE EQUIPMENT

Lacrosse Canada Operations Manual - Section 12: Safety and Equipment

12.1 SAFETY POLICY

12.1.1 The fundamental concepts of the safety policy are to establish a standard of care intended to reduce the risk of injury from contact which is inherent in and incidental to the sport and to identify the responsibilities of the various participants.

12.2 GENERAL

12.2.1 Player safety and the use of proper equipment is the responsibility of the following parties:

12.2.1.1 Players and parents of minor players are responsible for providing and maintaining proper equipment;

12.2.1.2 Coaches, trainers and team personnel are responsible for inspecting players' equipment and preventing the use of improper equipment;

12.2.1.3 Game officials are responsible for player safety and proper use of equipment by enforcing the rules of the game;

12.2.2 All players are required to wear protective equipment as described in the rules of play adopted in accordance with the Equipment section of this manual or as otherwise modified within this Section.

12.2.3 Equipment shall be manufactured by a professional manufacturer, and shall not be altered in any way which will decrease the protection to the player, increase the risk of injury to an opponent or void the manufacturer's warranty.

12.2.4 Any equipment which violates this Section or the rules of play for the appropriate Sector will be removed from the game and, where required, appropriate penalties will be given.

12.2.5 Where an unaltered piece of equipment is used and it becomes dangerous to any player or other person participating in a game, the game officials shall report the occurrence to the Lacrosse Canada Head Office via the standard incident report form. The Lacrosse Canada Executive Director will forward the report to the Chair of the Safety and Equipment Committee.

12.2.6 For Box Lacrosse, all players are required to wear a face mask as described in this section and a chinstrap properly fastened on both sides of the helmet.

12.3 INTRA-ORAL MOUTH GUARDS

12.3.2 For Box Lacrosse it is mandatory that all minor aged players use an intra-oral mouthpiece. It is recommended for all players above minor to use an intraoral mouthpiece.

12.4 HELMETS & FACEMASKS

12.4.1 Lacrosse is a sport with intrinsic hazards and participation in the sport implies the acceptance of some risk of injury. When used as intended for lacrosse and in accordance with the manufacturer's fitting instructions, the use of the helmet certified under these standards is intended to reduce the frequency and severity of head injuries.

12.4.2 For Box Lacrosse, all goalies are required to wear a helmet which must meet either of the following standards:

12.4.2.1 A National Organizing Committee for Safety in Athletic Equipment (NOCSAE) approved helmet and facial protector, approved as a complete unit, for lacrosse.

12.4.2.2 A Canadian Standards Association (CSA) approved for Ice Hockey helmet with the appropriate CSA approved facemask for lacrosse provided that:

12.4.2.2.1 Type B – full-face protector intended for use by players other than goalkeepers. Note: in Type B protectors, the chin cup is attached to the protector.

12.4.2.2.2 Type C – A full face protector intended for use by persons that are 18 years of age and older, other than goalkeepers. In type C protectors the chin cup is detached from the protector.

12.4.2.2.3 Type D – a face protector intended for use by goalkeepers.

12.4.2.3 A Canadian Standards Association (CSA) approved for Ice Hockey helmet with the appropriate CSA approved facemask for hockey with the following exceptions:

12.4.2.3.1 The facemask shall be designed to cover the wearer's entire face to the lower line of the jaw, and prevent the ball or the head of the stick from touching the face of the wearer.

12.4.2.3.2 The facemask must be fastened so that it does not create a risk of injury to the wearer or another person when it is used as it is intended.

12.4.2.3.3 For Box lacrosse all officials have to wear a black CSA approved for ice hockey helmet.

12.4.2.3.4 Officials may wear a half visor that is CSA approved for ice hockey or lacrosse.

12.5 GLOVES

12.5.1 In Box Lacrosse all players are required to wear protective gloves which meet the following guidelines:

12.5.1.1 conform to the hand;

12.5.1.2 have a cloth, leather or synthetic material covering;

12.5.1.3 all protective materials must be under the cloth, leather or similar covering with no additional attachments. All cosmetic materials, i.e. plastics, carbon, foam, etc. added to the leather and foam base of the glove to provide benefits of protection for the players must be smooth and free from sharp edges that could cause injuries. The gloves with these added features and benefits must stay within the guidelines of standard player's glove and goalie gloves.

12.5.1.4 player's entire finger must be encased within the finger of the glove;

12.5.1.5 may be palmless; the palms can be altered;

12.5.1.6 The decision of the Equipment Committee on the approval or non approval of gloves will be at their discretion on the safety of such gloves.

12.6 SHOES

12.6.1 All players are required to wear suitable athletic shoes. No shoe will be permitted which includes cleats that are made of metal or with a metal tip. All other aesthetic materials not fully covered under the cloth, leather or similar covering shall be manufactured smooth or of a soft material with no sharp edges as to not cause injury to an opponent.

12.7 GOALTENDERS

12.7.1 The equipment required for the goaltender must be constructed solely for the purpose of protection of the head or body.

12.7.2 In Box Lacrosse, in addition to helmet and facial protection, all goaltenders must wear a suitable throat protector and equipment which meets the following guidelines:

12.7.2.1 *Gloves:*

12.7.2.1.1 conform to the shape of your hand which is round. No blocker style gloves allowed.

12.7.2.1.2 have a cloth or leather covering.

12.7.2.1.3 all protective materials must be under the cloth, leather or similar covering with no additional attachments. All other aesthetic materials not fully covered under the cloth, leather or similar covering shall be manufactured smooth or of a soft material with no sharp edges as to not cause injury to an opponent;

12.7.2.1.4 goaltender's entire finger must be encased within the finger of the glove

12.7.2.1.5 cannot be altered in any way

12.7.2.1.6 cannot exceed the following dimensions:

12.7.2.1.6.1 A maximum length of 15 inches measured from the tip of the middle finger to the top of the cuff.

12.7.2.1.6.2 A maximum width of 8 inches measured from any point

12.7.2.2 *Pants:*

12.7.2.2.1 no internal or external padding is permitted on the pant leg or waist beyond that to provide protection. No outside ridges.

12.7.2.2.2 the maximum width (straight line) of the thigh pad across the front of the leg is set in the Official Rules of Box Lacrosse. If the groin and or hip pads extend beyond the front edge of the thigh pad, they are also to be included in this measurement. This measurement is to be taken while the goaltender is in an upright standing position. This measurement is to be made five inches (5") from the bottom of the pant.

12.7.2.3 *Shin pads:*

12.7.2.3.1 shall not exceed the width as set in the Official Rules of Box Lacrosse from the base of the shin pad at the ankle to the base of the kneecap when the shin pad is on the leg of the goaltender.

12.7.2.3.2 calf protector must follow the contour of the calf and ankle. No alterations or attachments are permitted.

12.7.2.3.3 knee pads must comply with manufacturing standards, may not be altered, and must conform to the body.

12.7.2.4 *Arm and Chest Pad:*

12.7.2.4.1 shoulder cap protectors must follow the contour of the shoulder cap in a rounded manner without any pointed or squared projections or extensions beyond the shoulder.

12.7.2.4.2 the contoured padding must not exceed the maximum width outside the said goaltenders most outer bone point on each side as set in the Official Rules of Box Lacrosse.

12.7.2.4.3 the padding may not climb higher than the maximum as set in the Official Rules of Box Lacrosse above the plane of the said goaltenders shoulder.

12.7.2.5 *Jerseys:*

12.7.2.5.1 no inserts or additions are to be added to a standard goaltender cut jersey as produced by the manufacturer.

12.7.2.5.2 no “tying down” of the jersey is allowed at the wrists if it creates a tension across the jersey such that a “webbing effect” is created in the armpit area.

12.7.2.5.3 no other tie downs are allowed that create a “webbing effect”.

12.7.2.5.4 the length of a jersey is illegal if it covers any area between the goalies’ legs.

APPENDIX 5 - SUSPENSIONS DUE TO MATCH PENALTIES

Any match, gross misconduct or fighting penalty will result in a one game suspension and will be reviewed by the on site discipline and appeals committee. The review may result in additional disciplinary action following review.